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## COEXISTING WITH AGORAPHOBIA, ANXIETY PANIC ATTACKS



Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Once again Ellen Isaksen, author of Behind These Eyes: One Agoraphobic s Journey To A Meaningful Life delves into the subject of anxiety disorders. In her new handbook, Coexisting With Agoraphobia, Anxiety Panic Attacks, she offers her personal knowledge of coping strategies in dealing with this challenging part of her life. While she certainly believes that there are...

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- Authored by Ellen Isaksen
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