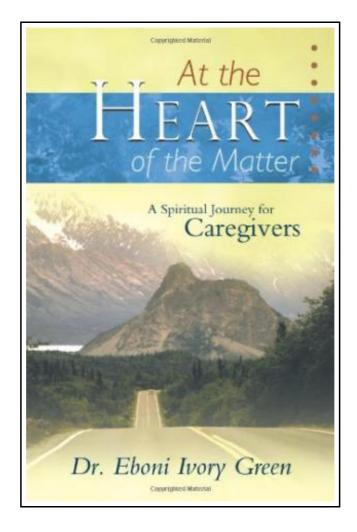
At the Heart of the Matter: A Spiritual Journey for Caregivers



Filesize: 4.09 MB

Reviews

This published publication is fantastic. it had been writtern very perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Junius Herman)

AT THE HEART OF THE MATTER: A SPIRITUAL JOURNEY FOR CAREGIVERS



WestBow Press, United States, 2011. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand ******. Caregivers have unique needs as they provide support and care for their loved ones. At the Heart of the Matter ultimately enables caregivers to look at ways to better care for themselves and enhance their wellness while providing care for a loved one. At the Heart of the Matter affords the caregiver an opportunity to personalize his or her caregiving journey based on their individual needs. Special features included: Famous quotes: offering inspiration and hope to ease the turbulence often experienced during the complex matter of providing care for a sick or disabled loved one. Points to ponder: caregivers are guided through the spiritual journey as they are prompted to address questions at the end of each chapter. Assessments: to take a closer look at spiritual strengths, find out what best interests individual caregivers and what strategies individuals feel most comfortable with when it comes to assisting a loved one or client. Poems and interesting stories: each chapter begins with a short story or poem, which sets the tone for the spiritual journey and offers food for thought. Concise chapters: many caregivers do not have much free time. The chapters in this book are concise so even caregivers with limited time have the opportunity to focus on how to continue to support a loved one while practicing the art of self-care. P>.



Read At the Heart of the Matter: A Spiritual Journey for Caregivers Online



Other Books



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

Read Book »



America s Longest War: The United States and Vietnam, 1950-1975

McGraw-Hill Education - Europe, United States, 2013. Paperback. Book Condition: New. 5th. 206 x 137 mm. Language: English . Brand New Book. Respected for its thorough research, comprehensive coverage, and clear, readable style, America s...

Read Book »



A Kindergarten Manual for Jewish Religious Schools; Teacher's Text Book for Use in School and Home

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download...

Read Book »



The First Epistle of H. N. a Crying-Voyce of the Holye Spirit of Loue. Translated Out of Base-Almayne Into English. (1574)

Eebo Editions, Proquest, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now...

Read Book »



Nickel Plated

Amazon Encore, United States, 2011. Paperback. Book Condition: New. 206 x 137 mm. Language: English . Brand New Book. It was weird to just get a contact out of nowhere. She was a kid, though,...

Read Book »