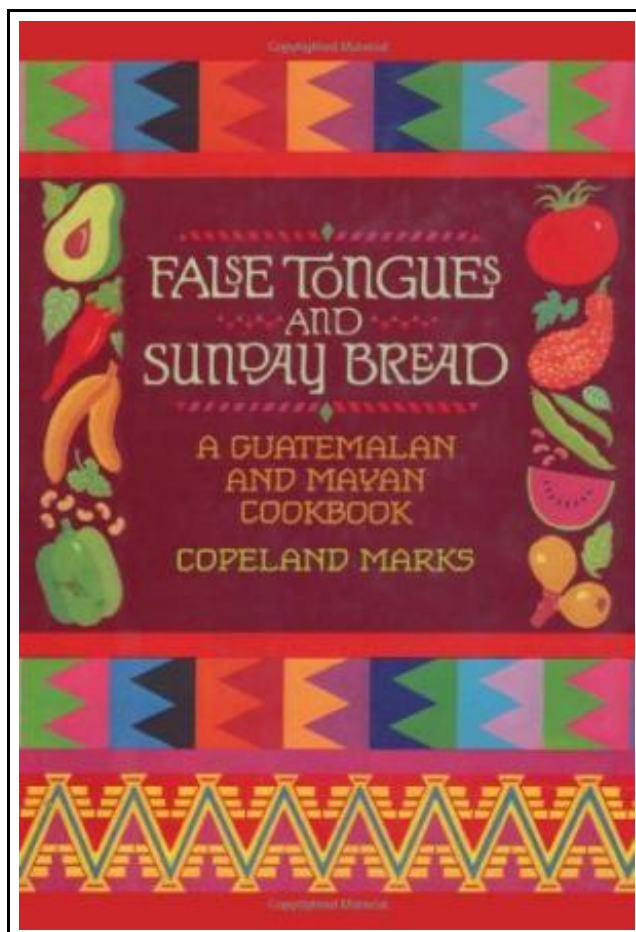


## False Tongues and Sunday Bread: A Guatemalan and Mayan Cookbook



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*This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

***(Ms. Ora Buckridge)***

## FALSE TONGUES AND SUNDAY BREAD: A GUATEMALAN AND MAYAN COOKBOOK



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Rowman & Littlefield. Paperback. Book Condition: new. BRAND NEW, False Tongues and Sunday Bread: A Guatemalan and Mayan Cookbook, Copeland Marks, Elisabeth Lambert Ortiz, The Maya-the Indians who inhabited part of Mexico and Central America in pre-Hispanic times-left the modern world a legacy of remarkable cooking that is still practiced in cliffside huts and middle-class haciendas. Copeland Marks has traveled widely throughout Guatemala and other countries that carry the Mayan heritage, in order to introduce us to the everyday pleasures of this little-known cuisine. For anyone who loves the taste of tamales, tortillas, and pungent sauces, this book will provide a rich adventure that begins with-but goes far beyond-those staples of the corn kitchen. The recipes reveal a delightful and accessible cuisine that, in addition to showcasing traditional Mayan flavor profiles, combines culinary ideas from India, Africa, the Caribbean, Great Britain and Spain.



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