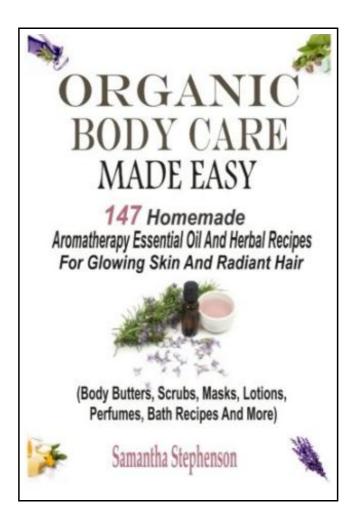
Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil and Herbal Recipes for Glowing Skin and Radiant Hair (Body Butters, Body Scrubs, Masks, Creams, Lotions, Perfumes, Bath Recipes, Massage Oils, Shampoos and



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Reviews

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(Tomasa Witting)

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Createspace, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Discover Natural Beauty! Discover Health! Everyone wants to have beautiful skin and radiant hair but this should not be achieved at the expense of your health. However, if we continue to use chemical-laden commercial beauty products, we could end up destroying the body we are trying to make more beautiful. In Organic Body Care Made Easy, Samantha Stephenson has provided a collection of natural, chemical-free formulations that provide safe and healthy alternatives for personal body care. Now you can take charge of your personal beauty regimen by controlling the substances that you apply to your body. Stephenson is a natural beauty enthusiast with a passion for creating homemade goodies for organic body care. Besides being effective, the 147 recipes in this book are simple and very easy to make. The ingredients can be bought easily and you may already have some of them in your home. They are fun, inexpensive and highly rewarding. These natural beauty recipes with essential oils, herbs and other natural ingredients will deliver the results that you want without endangering your health in any way. Your skin, hair, face, hands and feet will radiate with health and freshness, your overall wellbeing will be enhanced and you will feel more confident. If you have never made natural balms, lotions and other potions before, get ready for a treat! Even if you have tried your hands on do-it-yourself beauty in the past, the 147 easy recipes in this book will simply blow your mind. Just dive in and start making body oils, lip balms, bath salts and other natural skincare stuff. This books covers every part of the body to give you an all-encompassing body makeover....

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