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Helmand to the Himalayas: One Soldier's Inspirational Journey

By David Wiseman, Nick Harding

Osprey Publishing. Paperback. Book Condition: new. BRAND NEW, Helmand to the Himalayas: One Soldier's Inspirational Journey, David Wiseman, Nick Harding, "From the war torn valleys of Afghanistan to the frozen peaks of the Himalayas, David Wiseman's incredible story is an inspiration to us all." Andy McNab David Wiseman was the first soldier on the scene of one of the most devastating attacks on British soldiers in Afghanistan, witnessing the horrific aftermath of an attack on unsuspecting troops by a rogue element of the Afghan police, which left five men dead and nine wounded, shaking the British forces in Helmand to the core. Only a few weeks later, and haunted by what he had experienced, David was once again fighting shoulder to shoulder with his Afghan allies, but this time would leave the battlefield with a Taliban bullet lodged deep in his chest, inches from his heart. Helmand to the Himalayas is the dramatic story of his journey in combat, his agonising battle with physical injuries and psychological demons and his life affirming recovery as part of a pioneering mountaineering team. An exhilarating memoir of his gritty tour of Afghanistan, it reveals the day-to-day hardships faced by soldiers in battle, the...



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