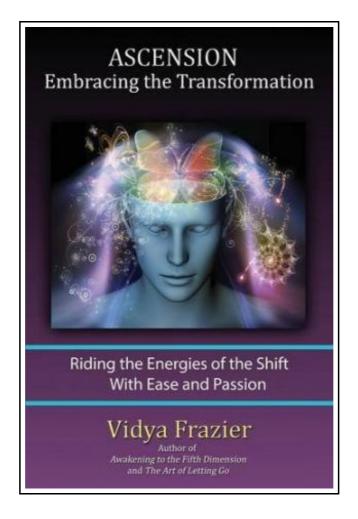
# **Ascension - Embracing the Transformation**



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## Reviews

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### ASCENSION - EMBRACING THE TRANSFORMATION



First Edition Design eBook Publishing, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Ascension: Embracing the Transformation Riding the energies of the Shift with ease and passion The acclaimed author of Awakening to the Fifth Dimension now takes us more deeply into the what, why and how of the Reality Shift through which all humanity is now transiting. This never-before experienced cycle of global transformation and awakening is bringing us to a time of unlimited possibilities and a new way of being. Here, in this remarkable report, what we re being called to embrace is described in detail: how to shift, with ease and passion, from where we ve been living--in severely limited third-dimensional consciousness--to a return to full consciousness in the Fifth Dimension. Based on her highly attuned witnessing, direct experience and guidance from higher energies, Vidya Frazier brings a keen understanding to what people are now meeting in every aspect of themselves and their lives--spelling out the complex impacts that range from baffling and distressing to supremely liberating and joyful. Learn about: The Ascension Clean-Out process Biological upgrades and physicalrecalibrations Ascension symptoms Dissolution of karmic bonds Relationship challenges and healing The significance of selflove Expressing your soul mission Living as a multi-dimensional being Vidya Frazier, LCSW, is a healer, intuitive, transpersonal psychotherapist and author. Her current work is focused on offering healings and guidance related to the challenges and changes occurring in people s Ascension process. She is the author of Awakening to the Fifth Dimension and The Art of Letting Go. author bio: Vidya Frazier has studied spiritual teachings from both western and eastern traditions for over 40 years. In 1993, she felt called to India to visit the spiritual master Papaji. Upon returning,...



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