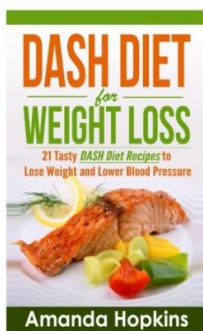


## Dash Diet for Weight Loss: 21 Tasty Dash Diet Recipes to Lose Weight and Lower Blood Pressure



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